



## Get immunized and stay protected

Immunizations are a safe and effective way of protecting yourself and the people around you. Most of the time, immunizations come in shots, which we call vaccines. From the flu and COVID-19 to other serious illnesses, here are some great reasons to get immunized.



### Immunizations are effective

Rather than treating a disease after you get it, immunizations can prevent you from getting sick in the first place. They can also make the illness much less serious if you do get sick.



### Vaccines help everyone

Vaccinations can help reduce missed school days for [children](#), which may help improve academic performance. Vaccinated adults also remain active at home and in the workforce, and contribute to herd immunity.



### It's better than getting sick

Getting immunized [costs less](#) than getting treated for the diseases that the shots protect you from. And the risk of getting sick is much greater than the risk of having a serious reaction to the vaccine.



Scan the QR code or visit [kp.org/immunizations](https://kp.org/immunizations) to learn more about the benefits of immunizations.

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