

Contacts

For Questions About:	Contact:	Web Site/Email	Phone Number
General Benefit Information (including eligibility, coverage and procedures)	The Trust Office 700 NE Multnomah St. Suite 350 Portland, OR 97232	www.sdtrust.com	(844) 203-0239
Medical			
Trust Preferred Provider Plan (for Full-Time/Part-Time Option 1) Claims and Benefits Trust Indemnity Medical Plan (for Part-Time Option 2) Claims and Benefits	Regence	www.Regence.com	(866) 240-9580
Special Beginnings (Maternity Care) Program (for Trust Preferred Provider Plan and Trust Indemnity Medical Plan)	Regence	Email:OR_Special_Beginnings@regence.com	(866) 569-2229
Care Management (for Trust Preferred Provider Plan and Trust Indemnity Medical Plan)	Regence	www.Regence.com	(866) 543-5765
Kaiser Permanente HMO	Customer Service	www.kaiserpermanente.org	(503) 813-2000 (Portland) or (800) 813-2000
Providence Personal Option Plan	Customer Service	www.providence.org/healthplans	(503) 574-7500 (Portland) or (800) 878-4445
Medical Provider Networks			
Regence Provider Network (Trust Preferred Provider Plan and Trust Indemnity Medical Plan)	Customer Service	www.Regence.com	(866) 240-9580
Providence Personal Option Network (Providence Personal Option Plan)	Customer Service	www.providence.org/healthplans	(503) 574-7500 (Portland) or (800) 878-4445

For Questions About:	Contact:	Web Site/Email	Phone Number
Trust Prescription Drug Plan			
Retail Pharmacy	CVS Caremark		(800) 552-8159
Mail Order	Caremark.com	https://www.caremark.com/wps/portal	(800) 552-8159
Dental Plan			
Trust Dental Plan	Regence	www.regence.com	(866) 240-9580
Vision Plan			
Trust Vision Plan	VSP	www.vsp.com	(800) 877-7195
Insurance Benefits			
Life, AD&D, Optional Life, Voluntary AD&D or Long-Term Disability Benefits	The Standard Life or LTD Benefits Department PO Box 2800 Portland, OR 97208	www.standard.com	Life/AD&D Phone: (800) 628-8600 Fax: (888) 414-0389 LTD Phone: (800) 368-1135 Fax: (971) 321-8400
Continued Benefits (Portability and Conversion)	The Standard Continued Benefits PSB3A 920 SW Sixth Ave Portland, OR 97201-1244	www.standard.com	Phone: (800) 378-4668 Fax: (800) 331-3397