PFSP, ATU AND DCU EARLY RETIREES—2023 PLAN YEAR

Medical Benefits Overview



IMPORTANT: Beginning April, 1, 2023, the PDA Retiree In-Network Only and PPO Plans are administered by Providence and the provider network is the Providence PPS/SD-1 Trust network.

	Kaiser Permanente Plan*	Providence PDA PPO Retiree	Providence PDA Retiree In-Network Only**	
Office Visits for primary, naturopathy or specialty care	You pay \$20 copay/visit (\$0 for pediatric primary care); then the	In-Network : You pay \$20 copay/ visit; then the Plan pays 100%	You pay \$20 copay/visit; then the Plan pays 100%	
	Plan pays 100%	Out-of-Network : You pay 40%; Plan pays 60%		
Preventive Health Exams and Services (Frequency schedule applies)	You pay \$0; Plan pays 100%	In-Network: You pay \$0; Plan pays 100% Out-of-Network: You pay 40%; Plan pays 60%	You pay \$0; Plan pays 100%	
Labs and X-rays	You pay \$0; Plan pays 100%	In-Network: You pay 20%; Plan pays 80% Out-of-Network: You pay 40%; Plan pays 60%	You pay 10%; Plan pays 90%	
Maternity Care	Pre- and Post-Natal Care: You pay \$0; Plan pays 100%	Network:You pay \$0; Plan pays\$0; Plan p100%;Out-of-Network:You pay100%;Out-of-Network:You pay100%;Out-of-Network:You pay	Pre and Post Natal Care: You pa \$0; Plan pays 100%	
	Delivery & Hospital Services: You pay 10%; Plan pays 90%		Delivery & Hospital Services: You pay \$200 copay/delivery; then	
		Delivery & Hospital Services: You pay \$200 copay/delivery; then the Plan pays 100%. Out-of- Network: You pay 40%; Plan pays 60%	the Plan pays 100%	
	Plan pays 100% after copay	Acupuncture: \$20 copay/visit; then Plan pays 100% up to 4 visits/	Acupuncture: \$20 copay/visit; then Plan pays 100% up to 9 visits year; no out-of-network Chiropractic: \$20 copay/visit; the Plan pays 100% up to 12 visits/yea no out-of-network	
Alternative Care Acupuncture, chiropractic,	Acupuncture: \$10/visit up to 24 visits/year	year; no out-of-network		
and massage therapy (not covered under Providence plans)	Chiropractic: \$10/visit up to 30 visits/year	Chiropractic: \$20 copay/visit; then Plan pays 100% up to 4 visits/year; no out-of-network		
	Massage: \$25/visit up to 12 visits/year		HO OUL-OI-HELWOIK	
Telehealth/Virtual Visits Phone and video consultations	You pay \$0; Plan pays 100% (includes email)	Plan pays 100%	Plan pays 100%	
Urgent Care	You pay \$20 copay; then the Plan pays 100%	In-Network : You pay \$20 copay; then the Plan pays 100%	You pay \$20 copay/visit; then the	
	Within service area, you must use Kaiser facility or Portland Clinic	Out-of-Network : You pay 40%; Plan pays 60%	Plan pays 100%	
Emergency Care	Kaiser or non-Kaiser facility: You pay 10%; Plan pays 90%	In-Network or Out-of-Network : You pay \$100 copay; then the Plan pays 100%	In-Network or Out-of-Network : You pay \$100 copay; then the Plan pays 100%	
Hospital (Inpatiant)	You pay 10%; Plan pays 90%	In-Network: You pay 20%; Plan pays 80%	You pay 10% - Plan pays 00%	
Hospital (Inpatient)		Out-of-Network : You pay 40%; Plan pays 60%	You pay 10%; Plan pays 90%	

*No out-of-network coverage except urgent or emergency care while traveling. **No out-of-network coverage except emergency care.

Chart continued on next page



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	Kaiser Permanente Plan*	Providence PDA PPO Retiree	Providence PDA Retiree In-Network Only**
Ambulatory Surgery Center	You pay 10%; Plan pays 90%	In-Network: You pay 20%; Plan pays 80%	You pay 10%; Plan pays 90%
		Out-of-Network : You pay 40%; Plan pays 60%	
Outpatient	You pay 10%; Plan pays 90%	In-Network: You pay 20%; Plan pays 80%	You pay 10%; Plan pays 90%
		Out-of-Network : You pay 40%; Plan pays 60%	
Mental Health/Substance Use Disorders	Outpatient : You pay \$20 copay/ visit; then the Plan pays 100%	Outpatient—In-Network: You pay \$20 copay/visit; then the Plan pays 100%; Out-of-Network: You pay 40%; Plan pays 60%	Outpatient : You pay \$20 copay/ visit; then the Plan pays 100%
	Inpatient : You pay 10%; Plan pays 90%	Inpatient—In-Network: You pay 20%; Plan pays 80%; Out-of- Network: You pay 40%; Plan pays 60%	Inpatient: You pay 10%; Plan pays 90%
	You pay \$20 copay/visit; then the Plan pays 100%	In-Network : You pay \$20 copay; then the Plan pays 100%	You pay \$20 copay; then the Plan pays 100%
Routine Hearing Exams/Tests		Out-of-Network : You pay 40%; Plan pays 60%	
Hearing Aids (Adult)	Not covered	In-Network: You pay 20%; Plan pays 80%	You pay 10%; Plan pays 90%
		Out-of-Network : You pay 40%; Plan pays 60%	
Out of Area Dependent Coverage	Limited services	Full services; requires annual enrollment	
Coverage While Traveling	Worldwide urgent/emergency care coverage	World-wide urgent/emergency care coverage	
	Routine care is available in KP service areas.	Nationwide in-network coverage	

*No out-of-network coverage except urgent or emergency care while traveling. **No out-of-network coverage except emergency care.

This is an overview of commonly used services. For benefit details, go to sdtrust.com. If there is a conflict between these charts and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.



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Prescription Drug Benefits Overview

	Kaiser Permanente Prescription Drug Plan	Trust Prescription Drug Plan (administered by Express Scripts) For members enrolled in a Providence medical plan	
In-Network / Participating Pharmacies	Use Kaiser Permanente Clinics	Use Express Scripts	
Preventive	Match generic	Match generic	
Participating Pharmacy Benefits	You pay 50% up to \$50; Plan pays remainder. Up to 30-day supply	Plan pays 100% after your copay: Generic: \$10/\$20/\$30 per 34/68/90-day supply Brand name:* \$20/\$40/\$60 per 34/68/90-day supply	
Non-Participating Pharmacy Benefits	Generally not covered	vered You pay the full amount, then submit a claim for reimbursement	
Mail-Order Service Benefits	You pay 50% up to \$100; Plan pays remainder. Up to 90-day supply	Plan pays 100% after your copay: Generic: \$20 per 90-day supply Brand name:* \$40 per 90-day supply	

*You also pay the difference in cost for the brand-name drug if a generic drug is available.

Optional Dental Benefits Overview

Kaiser Dental or Trust Dental Plan/ Delta Dental of Oregon	Basic Dental	Buy-Up Dental	
Diagnostic and Preventive Care (exams, cleanings, X-rays)	You pay 20%; Plan pays 80%	You pay \$0; Plan pays 100%	
Basic Services (fillings, extractions, minor oral surgery)	You pay 20%; Plan pays 80%	You pay 20%; Plan pays 80%	
Restorative Services (onlays, crowns)	You pay 50%; Plan pays 50%	You pay 20%; Plan pays 80%	
Major Services (bridges, dentures)	You pay 50%; Plan pays 50%	You pay 50%; Plan pays 50%	
Orthodontia	Not covered	You pay 50%; Plan pays 50%, up to \$4,000/ person lifetime benefit maximum	
Maximum Annual Benefit	\$1,200	\$2,500	



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Optional Vision Benefits Overview

	Kaiser Permanente Vision Plan	Trust Vision Plan (administered by VSP) For members enrolled in a Providence medical plan		
Basic Vision Plan: Every 24 months				
Well Vision Exam	You pay \$25 copay per exam; then Play pays 100%	VSP Provider : You pay \$25 copay; then the Plan pays 100% Other Provider : You pay \$25 copay; then Plan pays up to \$45		
Contact Lens Exam (Fitting and Evaluation)	You pay \$30 contact fitting fee	VSP Provider: Not to exceed \$60 per exam Other Provider: Combined with contact lenses		
Frames	Included in \$100 credit	VSP Provider: Plan pays up to \$150 Other Provider: Plan pays up to \$47		
Lenses	Included in \$100 credit	VSP Provider: You pay \$25 copay; then Plan pays single vision, lined bifocal or lined trifocal lenses Other Provider: Plan pays up to \$45 single vision, \$65 lined bifocal or \$85 lined trifocal		
Contact Lenses instead of glasses	Included in \$100 credit	VSP Provider : Plan pays up to \$150 Other Provider : Plan pays up to \$105 for contacts and contact lens exam (combined)		
Buy-Up Vision Plan				
Well Vision Exam	N/A	VSP Provider (every 12 months): You pay \$0; Plan pays 100% Other Provider : Plan pays up to \$70		
Contact Lens Exam (Fitting and Evaluation)	N/A	VSP Provider: Not to exceed \$60 per exam Other Provider: Combined with contact lenses		
Frames	N/A	VSP Provider (every 24 months): Plan pays up to \$150 Other Provider : Plan pays up to \$75		
Lenses	N/A	VSP Provider (every 12 months): Plan pays single vision, lined bifocal, or lined bifocal in full Other Provider: Plan pays up to \$50 Single Vision, \$75 Lined Bifocal or \$100 Lined Trifocal		
Contact Lenses instead of glasses	N/A	VSP Provider (every 12 months): Plan pays up to \$150 Other Provider : Plan pays up to \$137 for contact lenses and contact lens exam (combined)		
Vision Therapy (if qualified)	N/A	VSP Provider : 100% for evaluation; 75% for approved therapy up to \$750/year Other Provider : Up to \$85 for evaluation; 75% for approved therapy up to \$750/year		

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