

# BENEFITS OVERVIEW

ATU TYPE 10 DRIVERS—APRIL 1–SEPTEMBER 30, 2023

ATU



HEALTH & WELFARE TRUST  
SCHOOL DISTRICT NO. 1

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|  | Kaiser Permanente*  | Providence In-Network Only Plan**   | Providence PPO Plan  |
|--|---|---|--|
| <b>Office Visits</b> for primary, naturopathy or specialty care                | You pay \$10 copay; then Plan pays 100%<br><b>Naturopathy:</b> \$10 per visit<br><b>Pediatric:</b> no copay   | You pay \$10 copay; then Plan pays 100%<br><b>Naturopathy:</b> \$10 per visit   | <b>In-Network:</b> You pay \$10 copay, then Plan pays 100% (Naturopathy: \$10 per visit)<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%  |
| <b>Preventive Health Exams and Well-Baby Care</b> (Frequency schedule applies) | You pay \$0; Plan pays 100%   | You pay \$0; Plan pays 100%   | <b>In-Network:</b> You pay \$0, Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%  |
| <b>Labs and X-rays</b>   | You pay \$0; Plan pays 100%   | You pay \$0; Plan pays 100%   | <b>In-Network:</b> You pay \$0, Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%  |
| <b>Maternity Care</b>  | <b>Pre- and post-natal:</b> You pay \$0; Plan pays 100%<br><b>Delivery and hospital services:</b> The Plan pays 100%  | <b>Pre- and post-natal:</b> You pay \$0; Plan pays 100%<br><b>Delivery and hospital services:</b> You pay \$100; then Plan pays 100%  | <b>Pre- and post-natal—In-Network:</b> You pay \$0, Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%<br><b>Delivery and hospital services—In-Network:</b> You pay \$100, then Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60% |
| <b>Alternative Care</b><br>Acupuncture, chiropractic and massage therapy       | Plan pays 100% after copay<br><b>Acupuncture:</b> \$10/visit up to 24 visits/calendar year<br><b>Chiropractic:</b> \$10/visit up to 30 visits/calendar year<br><b>Massage:</b> \$25/visit up to 12 visits/calendar year | Plan pays 100% after copay<br><b>Acupuncture:</b> \$15/visit up to 9 visits/calendar year<br><b>Chiropractic:</b> \$15/visit up to 12 visits/calendar year<br><b>Massage:</b> Not covered | Plan pays 100% after employee cost share up to 4 visits/calendar year<br><b>Acupuncture—In-Network:</b> \$25/visit<br><b>Chiropractic—In-Network:</b> \$25/visit<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%<br><b>Massage:</b> Not covered                 |
| <b>Telehealth / Virtual Visits</b><br>Phone and video consultations            | You pay \$0; Plan pays 100%   | You pay \$0; Plan pays 100%   | <b>In-Network:</b> You pay \$0, Plan pays 100%<br><b>Out-of-Network:</b> Not covered   |
| <b>Urgent Care</b>   | You pay \$10 copay/visit; then the Plan pays 100%   | You pay \$10 copay/visit; then the Plan pays 100%   | <b>In-Network:</b> You pay \$10 copay, then Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%  |
| <b>Emergency Care</b><br>(Copay waived if admitted)                            | You pay 10%; Plan pays 90%  | You pay \$100 copay, then the Plan pays 100%  | You pay \$100 copay, then the Plan pays 100%   |
| <b>Hospital (Inpatient)</b>  | You pay 0%; Plan pays 100%  | You pay 0%; Plan pays 100%  | <b>In-Network:</b> You pay \$0, Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%  |
| <b>Ambulatory Surgery Center</b>   | You pay 0%; Plan pays 100%  | You pay \$0; Plan pays 100%   | <b>In-Network:</b> You pay \$0, Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%  |
| <b>Outpatient Surgery</b>  | You pay 0%; Plan pays 100%  | You pay 0%; Plan pays 100%  | <b>In-Network:</b> You pay \$0, Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%  |

\*No out-of-network coverage except urgent or emergency care while traveling.

\*\*No out-of-network coverage except emergency care

Chart continued on next page

This is an overview of commonly used services. For benefit details, go to [sdtrust.com](http://sdtrust.com). If there is a conflict between this chart and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

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|--|--|--|---|
| <b>Mental Health / Substance Abuse</b> | <b>Inpatient:</b> You pay 0%; Plan pays 100%<br><b>Outpatient:</b> You pay \$10 copay (\$0 for pediatric); then Plan pays 100% | <b>Inpatient:</b> You pay \$0 Plan pays 100%<br><b>Outpatient:</b> You pay \$10 copay; then Plan pays 100% | <b>Inpatient—In-Network:</b> You pay \$0, Plan pays 100% <b>Out-of-Network:</b> You pay 40%, Plan pays 60%<br><b>Outpatient—In-Network:</b> You pay \$10 copay, then Plan pays 100% <b>Out-of-Network:</b> You pay 40%, Plan pays 60% |
| <b>Routine Hearing Exams/Tests</b>     | You pay \$10 copay; then the Plan pays 100%  | You pay \$10 copay; then the Plan pays 100%  | <b>In-Network:</b> You pay \$10 copay, then the Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%   |
| <b>Hearing Aids (Adult)</b>            | Plan pays \$500/ear every 3 years  | One hearing aid per ear every 3 years<br>You pay 0%; Plan pays 100%  | One hearing aid per ear every 3 years<br><b>In-Network:</b> You pay \$0, Plan pays 100%<br><b>Out-of-Network:</b> You pay 40%, Plan pays 60%  |
| <b>Out of Area Dependent Coverage</b>  | Limited services   | Full services; requires annual enrollment  |   |
| <b>Coverage While Traveling</b>        | World-wide urgent/ emergency care coverage<br>Routine care available in other KP service areas                                 | World-wide urgent/emergency care coverage<br>Nationwide in-network coverage                                |   |

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ATU

## Prescription Drug Benefits Overview

|  | Kaiser Permanente Prescription Drug Plan  | Trust Prescription Drug Plan (administered by Express Scripts)<br>For members enrolled in a Providence medical plan                                     |
|--|---|---|
| <b>In-network/Participating Pharmacies</b> | Kaiser Permanente   | Use Express-Scripts   |
| <b>Participating Pharmacy Benefits</b>     | Plan pays 100% after your copay:<br><b>Generic:</b> \$5/30 day supply<br><b>Brand name:</b> \$10/30 day supply  | Plan pays 100% after your copay:<br><b>Generic:</b> \$10/\$20/\$30 per 34/68/90-day supply<br><b>Brand name:</b> \$20/\$40/\$60 per 34/68/90-day supply |
| <b>Non-Participating Pharmacy Benefits</b> | Generally not covered   | You pay the full amount, then submit a claim for reimbursement  |
| <b>Mail-order Service Benefits</b>         | Plan pays 100% after your copay:<br><b>Generic:</b> \$10/90-day supply<br><b>Brand name:</b> \$20/90-day supply | Plan pays 100% after your copay:<br><b>Generic:</b> \$20/90-day supply<br><b>Brand name:</b> \$40/90-day supply   |

## Vision Benefits Overview

|  | Kaiser Permanente   | Trust Vision Plan (administered by VSP)<br>For members enrolled in a Providence medical plan  |
|--|---|---|
| <b>Well Vision Exam</b>                              | You pay \$10 copay per exam;<br>then Plan pays 100%                 | Every 12 months<br><b>VSP Provider:</b> 100%<br><b>Other Provider:</b> Up to \$70   |
| <b>Contact Lens Exam</b><br>(Fitting and Evaluation) | You pay \$30 contact fitting fee                                    | Every 12 months<br><b>VSP Provider:</b> Not to exceed \$60 copay per exam<br><b>Other Provider:</b> Combined with contacts                  |
| <b>Frames</b>  | \$250 credit every 24 months towards<br>frames, lenses and contacts | Every 24 months<br><b>VSP Provider:</b> Up to \$150 allowance and 20% off amount<br>over allowance<br><b>Other Provider:</b> Up to \$75     |
| <b>Lenses</b>  | Included in \$250 credit  | Every 12 months<br><b>VSP Provider:</b> 100% for most lens types<br><b>Other Provider:</b> Up to \$50-\$100 for most lens types             |
| <b>Contacts Instead of Glasses</b>                   | Included in \$250 credit  | Every 12 months<br><b>VSP Provider:</b> Up to \$150 for contacts<br><b>Other Provider:</b> Up to \$137 for fitting, evaluation and contacts |

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ATU

## Dental Benefits Overview

|  | Kaiser Permanente Dental  | Trust Dental Plan/Delta Dental of Oregon                        |
|--|---|---|
| <b>Diagnostic and Preventive Care</b><br>(exams, cleaning, X-rays) | Plan pays 100% of UCR   | Plan pays 100%  |
| <b>Basic and Restorative Services</b>                              | You pay 20%; Plan pays 80% of UCR                               | You pay 20%; Plan pays 80%                                      |
| <b>Major Services</b>  | You pay 50%; Plan pays 50% of UCR                               | You pay 50%; Plan pays 50%                                      |
| <b>Orthodontia</b>   | Plan pays 50% up to \$4,000 maximum lifetime benefit per person | Plan pays 50% up to \$4,000 maximum lifetime benefit per person |
| <b>Maximum Annual Benefit</b>                                      | \$2,500   | \$2,500   |

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