BENEFITS OVERVIEW ATU AND DCU ACTIVES—2023 PLAN YEAR



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This is an overview of commonly used services. For benefit details, go to **sdtrust.com**. If there is a conflict between this chart and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

Medical Benefits Overview

IMPORTANT: Beginning April, 1, 2023, the PDA

In-Network Only and PPO Plans are administered by Providence and the provider network is the Providence PPS/SD-1 Trust network.

	Kaiser Permanente*	Providence PDA In-Network Only**	Providence PDA PPO
Office Visits for primary, naturopathy or specialty care	You pay \$10 copay; then Plan pays 100% Naturopathy: per visit Pediatric: no copay	You pay \$10 copay; then Plan pays 100%	In-Network: You pay \$10 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Preventive Health Exams and Well-Baby Care (Frequency schedule applies)	You pay \$0; Plan pays 100%	You pay \$0; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Labs and X-rays	You pay \$0; Plan pays 100%	You pay \$0; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Maternity Care	Pre- and post-natal: You pay \$0; Plan pays 100% Delivery and hospital	Pre- and post-natal: You pay \$0; Plan pays 100% Delivery and hospital services:	Pre- and post-natal—In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Materinty Care	services: The Plan pays 100%	You pay \$100; then Plan pays 100%	Delivery and hospital services—In-Network: You pay \$100, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Alternative Care Acupuncture, chiropractic and massage therapy	Plan pays 100% after copay Acupuncture: \$10/visit up to 24 visits/year	Plan pays 100% up to 9 visits/year Chiropractic : \$15 copay/visit; then Plan pays 100% up to 12 visits/year Massage therapy not covered.	In-Network: Acupuncture: \$25 copay/visit; then Plan pays 100% up to 4 visits/year; no out-of-network
	Chiropractic: \$10/visit up to 30 visits/year Massage: \$25/visit up to 12		In-Network: Chiropractic : \$25 copay/visit; then Plan pays 100% up to 4 visits/year; no out-of-network
	visits/year		Massage therapy not covered. Out-of-Network: Alternative care not covered
Telehealth / Virtual Visits Phone and video consultations	You pay \$0; Plan pays 100%	You pay \$0; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: Not covered
Urgent Care	You pay \$10 copay/visit; then the Plan pays 100%	You pay \$10 copay/visit; then the Plan pays 100%	In-Network: You pay \$10 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Emergency Care (Copay waived if admitted)	You pay 10%; Plan pays 90%	You pay \$100 copay, then the Plan pays 100%	You pay \$100 copay, then the Plan pays 100%
Hospital (Inpatient)	You pay 0%; Plan pays 100%	You pay 0%; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Ambulatory Surgery Center	You pay 0%; Plan pays 100%	You pay \$0; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Outpatient Surgery	You pay 0%; Plan pays 100%	You pay 0%; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Mental Health / Substance Use Disorders	Inpatient: You pay 0%; Plan pays 100%	Inpatient: You pay \$0 Plan pays 100%	Inpatient—In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
	Outpatient: You pay \$10 copay (\$0 for pediatric); then Plan pays 100%	Outpatient: You pay \$10 copay; then Plan pays 100%	Outpatient—In-Network: You pay \$10 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%

*No out-of-network coverage except urgent or emergency care while traveling. **No out-of-network coverage except emergency care

Chart continued on next page

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	Kaiser Permanente*	Providence PDA In-Network Only**	Providence PDA PPO
Routine Hearing Exams/Tests	You pay \$10 copay; then the Plan pays 100%	You pay \$10 copay; then the Plan pays 100%	In-Network: You pay \$10 copay, then the Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Hearing Aids (Adult)	Plan pays \$500/ear every 3 years	You pay 0%; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Out of Area Dependent Coverage	Limited services	Full services; requires annual enrollment	
Coverage While Traveling	World-wide urgent/emergency care coverage	World-wide urgent/emergency care coverage	
	Routine care available in other KP service areas	Nationwide in-network coverage	

*No out-of-network coverage except urgent or emergency care while traveling. **No out-of-network coverage except emergency care

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Prescription Drug Benefits Overview

	Kaiser Permanente Prescription Drug Plan	Trust Prescription Drug Plan (administered by Express Scripts) For members enrolled in a Providence medical plan
In-network/Participating Pharmacies	Kaiser Permanente	Use Express-Scripts
Doutioinating Dharmany	Plan pays 100% after your copay:	Plan pays 100% after your copay:
Participating Pharmacy Benefits	Generic: \$5/30 day supply Brand name: \$10/30 day supply	Generic: \$10/\$20/\$30 per 34/68/90-day supply Brand name: \$20/\$40/\$60 per 34/68/90-day supply
Non-Participating Pharmacy Benefits	Generally not covered	You pay the full amount, then submit a claim for reimbursement
	Plan pays 100% after your copay:	Plan pays 100% after your copay:
Mail-order Service Benefits	Generic: \$10/90-day supply Brand name: \$20/90-day supply	Generic: \$20/90-day supply Brand name: \$40/90-day supply

Vision Benefits Overview

	Kaiser Permanente	Trust Vision Plan (administered by VSP) For members enrolled in a Providence medical plan
Well Vision Exam	You pay \$10 copay per exam; then Plan pays 100%	Every 12 months
		VSP Provider: 100% Other Provider: Up to \$70
Contact Lens Exam	You pay \$30 contact fitting fee	Every 12 months
(Fitting and Evaluation)		VSP Provider: Not to exceed \$60 copay per exam Other Provider: Combined with contacts
Frames	\$250 credit every 24 months towards frames, lenses and contacts	Every 24 months
		VSP Provider: Up to \$150 allowance and 20% off amount over allowance Other Provider: Up to \$75
	Included in \$250 credit	Every 12 months
Lenses		VSP Provider: 100% for most lens types Other Provider: Up to \$50-\$100 for most lens types
		Every 12 months
Contacts Instead of Glasses	Included in \$250 credit	VSP Provider : Up to \$150 for contacts Other Provider : Up to \$137 for fitting, evaluation and contacts
Vision Therapy (if qualified)	N/A	VSP Provider : 100% for evaluation; 75% for approved therapy sessions up to \$750/year
		Other Provider : Up to \$85 for evaluation; 75% for approved therapy sessions up to \$750/year

For details and rates, go to **sdtrust.com**. If there is a conflict between these charts and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

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Dental Benefits Overview

	Kaiser Permanente Dental	Trust Dental Plan/Delta Dental of Oregon
Diagnostic and Preventive Care (exams, cleaning, X-rays)	Plan pays 100% of UCR	Plan pays 100%
Basic and Restorative Services	You pay 20%; Plan pays 80% of UCR	You pay 20%; Plan pays 80%
Major Services	You pay 50%; Plan pays 50% of UCR	You pay 50%; Plan pays 50%
Orthodontia	Plan pays 50% up to \$4,000 maximum lifetime benefit per person	Plan pays 50% up to \$4,000 maximum lifetime benefit per person
Maximum Annual Benefit	\$2,500	\$2,500

You must be enrolled in medical/prescription/vision to enroll in dental.

Term Life and Accidental Death & Dismemberment Benefits Overview

Administered by The Standard	Life Insurance	AD&D Insurance
Provided by the Trust: All eligible, full-time employees are automatically enrolled for Basic Term Life and Basic AD&D.	Basic Term Life \$30,000 per member	Basic AD&D Up to \$30,000 per member
You may purchase coverage for yourself and eligible covered dependents.	Optional Life; Employee and Spouse: \$10,000 to \$500,000 in	Voluntary AD&D Employee: \$25,000 to \$300,000 in \$25,000
You must purchase Optional Life and Voluntary AD&D for yourself in order to buy coverage for your dependents.	\$10,000 increments not to exceed 5 times annual salary Child(ren): \$2,000 to \$10,000 in \$2,000	increments Spouse : 50% of your selected coverage Child(ren) Only : 15% of your AD&D coverage
Coverage may be subject to medical underwriting approval. You can find the Enrollment Guide and a needs calculator on sdtrust.com .	increments During Open Enrollment: If currently enrolled, Evidence of Insurability (EOI) for Optional Life will be waived (unless you have previously submitted EOI that was not approved by The Standard) if you apply for an increase (up to \$10,000/year) up to the Guaranty Issue Amount (\$100,000).	amount for each child up to \$25,000 Spouse and Child(ren): 40% of your selected coverage for your spouse and 10% of your selected coverage (up to \$25,000) per child

You must be enrolled in medical/prescription/vision to enroll in Optional Life and Voluntary AD&D.

Long Term Disability Overview

Administered by The Standard	Coverage
All eligible, full-time employees are automatically	Plan pays 60% of your pre-disability earnings,
enrolled for self-pay Long-Term Disability	up to \$6,000/month, if you become disabled as
benefits, without the option to decline,	a result of a covered injury, sickness or
regardless of enrollment for healthcare benefits.	pregnancy.

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