PFSP ACTIVES—2021 PLAN YEAR



12205 SW Tualatin Rd., Suite 200 Tualatin, OR 97062 833-255-4123 (toll-free) or 503-486-2107 **sdtrust.com**

FSP

OPTION 1 PLANS	Kaiser Permanente	Providence Personal Option	Providence Option Advantage
Office Visits for primary or specialty care	You pay \$10 copay (\$0 for pediatric visits), then Plan pays 100%	You pay \$10 copay; then Plan pays 100%	In-Network: You pay \$10 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Preventive Health Exams and Well-Baby Care (Frequency schedule applies)	You pay \$0; Plan pays 100%	You pay \$0; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Labs and X-rays	You pay \$0; Plan pays 100%	You pay \$0; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
	Pre- and post-natal: You pay \$0; Plan pays 100%	Pre- and post-natal: You pay \$0; Plan pays 100%	Pre- and post-natal—In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Maternity Care	Delivery and hospital services: The Plan pays 100%	Delivery and hospital services: You pay \$100; then Plan pays 100%	Delivery and hospital services—In-Network: You pay \$100, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
	Acupuncture, chiropractic, naturopathy: You pay \$10 copay/visit; then the Plan pays	Acupuncture & Chiropractic: You pay \$15 copay, then Plan pays 100% up to \$1,500/year	Acupuncture & Chiropractic—In-Network: You pay \$25 copay, then Plan pays 100% up to \$500/ year Out-of-Network: Not covered
Alternative Care Acupuncture, chiropractic, naturopathy, and massage	100% Massage therapy: You pay \$25/visit; then the Plan pays	Naturopathy: You pay \$10 copay, then Plan pays 100% Massage therapy not covered.	Naturopathy—In-Network: You pay \$10 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
therapy	100% up to 12 visits/calendar year \$1,500/year max benefit combined for all alternative care		Massage therapy not covered.
Telehealth / Virtual Visits Phone and video consultations	You pay \$0; Plan pays 100%	You pay \$0; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: Not covered
Urgent Care	You pay \$10 copay/visit; then the Plan pays 100%	You pay \$10 copay/visit; then the Plan pays 100%	In-Network: You pay \$10 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Emergency Care (Copay waived if admitted)	You pay 10%; Plan pays 90%	You pay \$100 copay, then the Plan pays 100%	You pay \$100 copay, then the Plan pays 100%
Hospital (Inpatient)	You pay 0%; Plan pays 100%	You pay 0%; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Ambulatory Surgery Center	You pay 0%; Plan pays 100%	You pay \$0; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Outpatient Surgery	You pay 0%; Plan pays 100%	You pay 0%; Plan pays 100%	You pay 0%; Plan pays 100%
Mantal II. akk /	Inpatient: You pay 0%; Plan pays 100%	Inpatient: You pay \$0 Plan pays 100%	Inpatient—In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays
Mental Health / Substance Abuse	Outpatient: You pay \$10 copay (\$0 for pediatric); then Plan pays 100%	Outpatient: You pay \$10 copay; then Plan pays 100%	60% Outpatient—In-Network: You pay \$10 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Routine Hearing Exams/Tests	You pay \$10 copay; then the Plan pays 100%	You pay \$10 copay; then the Plan pays 100%	In-Network: You pay \$10 copay, then the Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Hearing Aids (Adult)	Plan pays \$500/year every 3 years	You pay 0%; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Out of Area Dependent Coverage	Limited services	Full services; requires annual enrollment	
Coverage While Traveling	World-wide urgent/ emergency care coverage	World-wide urgent/emergency care coverage Nationwide in-network coverage	
	Routine care available in other KP service areas		



PFSP ACTIVES—2021 PLAN YEAR

This is an overview of commonly used services. For benefit details, go to **sdtrust.com**. If there is a conflict between this chart and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

OPTION 2 PLANS	Kaiser Permanente	Providence Personal Option	Providence Option Advantage
Office Visits for primary or specialty care	You pay \$20 copay (\$0 for pediatric visits), then Plan pays 100%	You pay \$20 copay; then Plan pays 100%	In-Network: You pay \$20 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Preventive Health Exams and Well-Baby Care (Frequency schedule applies)	You pay \$0; Plan pays 100%	You pay \$0; Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Labs and X-rays	You pay \$0; Plan pays 100%	You pay 10%; then Plan pays 90%	In-Network: You pay 20%, Plan pays 80% Out-of-Network: You pay 40%, Plan pays 60%
Maternity Care	Pre- and post-natal: You pay \$0; Plan pays 100% Delivery and hospital services: You pay 10%; Plan	Pre- and post-natal: You pay \$0; Plan pays 100% Delivery and hospital services: You pay \$200; then Plan pays	Pre- and post-natal—In-Network: You pay \$0, Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60% Delivery and hospital services—In-Network:
	pays 90%	100%	You pay \$200, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
	Acupuncture, chiropractic, naturopathy: You pay \$10 copay/visit; then the Plan pays	Acupuncture & Chiropractic: You pay \$15 copay, then Plan pays 100% up to \$1,500/year	Acupuncture & Chiropractic—In-Network: You pay \$25 copay, then Plan pays 100% up to \$500/ year Out-of-Network: Not covered
Alternative Care Acupuncture, chiropractic, naturopathy, and massage	100% Massage therapy: You pay \$25/visit; then the Plan pays	Naturopathy: You pay \$20 copay, then Plan pays 100% Massage therapy not covered.	Naturopathy—In-Network: You pay \$20 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
therapy	100% up to 12 visits/calendar year \$1,500/year max benefit combined for all alternative care		Massage therapy not covered.
Telehealth / Virtual Visits Phone and video consultations	You pay \$0, Plan pays 100%	You pay \$0, Plan pays 100%	In-Network: You pay \$0, Plan pays 100% Out-of-Network: Not covered
Urgent Care	You pay \$20 copay, then the Plan pays 100%	You pay \$20 copay, then the Plan pays 100%	In-Network: You pay \$20 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Emergency Care (Copay waived if admitted)	You pay 10%/visit; Plan pays 90%	You pay \$100 copay/visit; then the Plan pays 100%	You pay \$100 copay, then the Plan pays 100%
Hospital (Inpatient)	You pay 10%; Plan pays 90%	You pay 10%; Plan pays 90%	In-Network: You pay 20%, Plan pays 80 Out-of-Network: You pay 40%, Plan pays 60%
Ambulatory Surgery Center	You pay 10%; Plan pays 90%	You pay 10%; Plan pays 90%	In-Network: You pay 20%, Plan pays 80% Out-of-Network: You pay 40%, Plan pays 60%
Outpatient Surgery	You pay 10%; Plan pays 90%	You pay 10%; Plan pays 90%	In-Network: You pay 20%, Plan pays 80% Out-of-Network: You pay 40%, Plan pays 60%
· · · · · · · · · · · · · · · · · · ·	Inpatient: You pay 10%; Plan pays 90%	Inpatient: You pay 10%; Plan pays 90%	Inpatient—In-Network: You pay 20%, Plan pays 80% Out-of-Network: You pay 40%, Plan pays
Mental Health / Substance Abuse	Outpatient: You pay \$20 copay (\$0 for pediatric); then Plan pays 100%	Outpatient: You pay \$20 copay; then Plan pays 100%	60% Outpatient—In-Network: You pay \$20 copay, then Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Routine Hearing Exams/Tests	You pay \$20 copay; then the Plan pays 100%	You pay \$20 copay; then the Plan pays 100%	In-Network: You pay \$20 copay, then the Plan pays 100% Out-of-Network: You pay 40%, Plan pays 60%
Hearing Aids (Adult)	Not covered	You pay 10%; Plan pays 90%	In-Network: You pay 20%, Plan pays 80% Out-of-Network: You pay 40%, Plan pays 60%
Out of Area Dependent Coverage	Limited services	Full services; requires annual enrollment	
Coverage While Traveling	World-wide urgent/emergency care coverage	World-wide urgent/emergency care coverage Nationwide in-network coverage	



PFSP ACTIVES—2021 PLAN YEAR

Prescription Drug Benefits Overview

	Kaiser Permanente Prescription Drug Plan (Option 1 & 2)	Providence Personal Option Plan Option 1 & 2 Plans Trust Prescription Drug Plan	Providence Option Advantage Plan Option 1 & 2 Plans Trust Prescription Drug Plan
In-network/Participating Pharmacies	Kaiser Permanente	Use Express-Scripts	Use Express-Scripts
	Plan pays 100% after your copay:	Plan pays 100% after your copay:	Plan pays 100% after your copay:
Participating Pharmacy Benefits	Generic: \$5/30 day supply Brand name: \$10/30 day supply	Generic: \$10/\$20/\$30 per 34/68/90-day supply Brand name: \$20/\$40/\$60 per 34/68/90-day supply	Generic: \$10/\$20/\$30 per 34/68/90-day supply Brand name: \$20/\$40/\$60 per 34/68/90-day supply
Non-Participating Pharmacy Benefits	Generally not covered	You pay the full amount, then submit a claim for reimbursement	You pay the full amount, then submit a claim for reimbursement
	Plan pays 100% after your copay:	Plan pays 100% after your copay:	Plan pays 100% after your copay:
Mail-order Service Benefits	Generic: \$10/90-day supply Brand name: \$20/90-day supply	Generic: \$20/90-day supply Brand name: \$40/90-day supply	Generic: \$20/90-day supply Brand name: \$40/90-day supply

Vision Benefits Overview

OPTION 1 PLANS ONLY	Kaiser Permanente	Providence Personal Option Plan	Providence Option Advantage Plan
PLANS ONLY		Trust Vision Plan administered by VSP	
Well Vision Exam	You pay \$10 copay per exam; then Plan pays 100%	Every 12 months VSP Provider: 100% Other Provider: Up to \$70	
Contact Lens Exam		Every 12 months	
(Fitting and Evaluation)	You pay \$30 contact fitting fee	VSP Provider: Not to exceed Other Provider: Combined v	
		Every 24 months	
Frames	\$250 credit every 24 months towards frames, lenses and contacts	VSP Provider: Up to \$150 al allowance Other Provider: Up to \$70	llowance and 20% off amount over
Lenses		Every 12 months	
	Included in \$250 credit	VSP Provider: 100% for most lens types Other Provider: Up to \$50-\$100 for most lens types	
	Included in \$250 credit	Every 12 months	
Contacts Instead of Glasses		VSP Provider: Up to \$150 fc Other Provider: Up to \$137	or contacts for fitting, evaluation and contacts

For details and rates, go to **sdtrust.com**. If there is a conflict between these charts and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.



PFSP ACTIVES—2021 PLAN YEAR

Dental Benefits Overview

	Kaiser Permanente Dental	Trust Dental Plan/Delta Dental Plan of Oregon
Diagnostic and Preventive Care (exams, cleaning, X-rays)	Plan pays 100% of UCR	Plan pays 100%
Basic and Restorative Services	You pay 20%; Plan pays 80% of UCR	You pay 20%; Plan pays 80%
Major Services	You pay 50%; Plan pays 50% of UCR	You pay 50%; Plan pays 50%
Orthodontia	Plan pays 50% up to \$4,000 maximum lifetime benefit per person	Plan pays 50% up to \$4,000 maximum lifetime benefit per person
Maximum Annual Benefit	\$2,500	\$2,500

Term Life and Accidental Death & Dismemberment Benefits Overview

	Life Insurance	AD&D Insurance
Option 1 Plans Only: Provided by The Trust	Basic Term Life \$30,000 per member	Basic AD&D Up to \$30,000 per member
All Plans—Option 1 and 2: You may purchase coverage for yourself and eligible covered dependents. You must purchase Optional Life and	Optional Life; Employee and Spouse : \$10,000 to \$500,000 in \$10,000 increments not to exceed 5 times annual salary	Voluntary AD&D Employee: \$25,000 to \$300,000 in \$25,000 increments Spouse: 50% of your selected coverage
Voluntary AD&D for yourself in order to buy coverage for your dependents.	Child(ren): \$2,000 to \$10,000 in \$2,000 increments	Child(ren) Only : 15% of your AD&D coverage amount for each child up to \$25,000
Coverage may be subject to medical underwriting approval.		Spouse and Child(ren): 40% of your selected coverage for your spouse and 10% of your selected coverage (up to \$25,000) per child

Administered by The Standard

Long Term Disability Overview

Option 1 Plans Only	Coverage
All eligible employees are automatically enrolled	Plan pays 60% of your pre-disability earnings,
for self-pay Long-Term Disability benefits,	up to \$6,000/month, if you become disabled as
without the option to decline, regardless of	a result of a covered injury, sickness or
enrollment for healthcare benefits.	pregnancy.

Administered by The Standard

For details and rates, go to **sdtrust.com**. If there is a conflict between these charts and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.