# BENEFITS OVERVIEW 



## BENEFITS OVERVIEW

| OPTION 2 PLANS | Kaiser Permanente | Providence Personal Option | Providence Option Advantage |
| :---: | :---: | :---: | :---: |
| Office Visits for primary or specialty care | You pay \$20 copay (\$0 for pediatric visits), then Plan pays 100\% | You pay \$20 copay; then Plan pays 100\% | In-Network: You pay \$20 copay, then Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Preventive Health Exams and Well-Baby Care (Frequency schedule applies) | You pay \$0; Plan pays 100\% | You pay \$0; Plan pays 100\% | In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Labs and X-rays | You pay \$0; Plan pays 100\% | You pay 10\%; then Plan pays 90\% | In-Network: You pay 20\%, Plan pays 80\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Maternity Care | Pre- and post-natal: You pay <br> \$0; Plan pays 100\% <br> Delivery and hospital services: You pay 10\%; Plan pays $90 \%$ | Pre- and post-natal: You pay $\$ 0$; Plan pays 100\% <br> Delivery and hospital services: <br> You pay $\$ 200$; then Plan pays 100\% | Pre- and post-natal-In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% <br> Delivery and hospital services-In-Network: You pay \$200, then Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Alternative Care Acupuncture, chiropractic, naturopathy, and massage therapy | Acupuncture, chiropractic, naturopathy: You pay \$10 copay/visit; then the Plan pays 100\% <br> Massage therapy: You pay \$25/visit; then the Plan pays $100 \%$ up to 12 visits/calendar year <br> \$1,500/year max benefit combined for all alternative care | Acupuncture \& Chiropractic: <br> You pay $\$ 15$ copay, then Plan pays $100 \%$ up to $\$ 1,500$ /year <br> Naturopathy: You pay \$20 copay, then Plan pays 100\% <br> Massage therapy not covered. | Acupuncture \& Chiropractic-In-Network: You pay $\$ 25$ copay, then Plan pays $100 \%$ up to $\$ 500 /$ year Out-of-Network: Not covered <br> Naturopathy-In-Network: You pay \$20 copay, then Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% <br> Massage therapy not covered. |
| Telehealth / Virtual Visits Phone and video consultations | You pay \$0, Plan pays 100\% | You pay \$0, Plan pays 100\% | In-Network: You pay \$0, Plan pays 100\% Out-of-Network: Not covered |
| Urgent Care | You pay $\$ 20$ copay, then the Plan pays 100\% | You pay \$20 copay, then the Plan pays 100\% | In-Network: You pay \$20 copay, then Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Emergency Care (Copay waived if admitted) | You pay 10\%/visit; Plan pays 90\% | You pay $\$ 100$ copay/visit; then the Plan pays 100\% | You pay \$100 copay, then the Plan pays 100\% |
| Hospital (Inpatient) | You pay 10\%; Plan pays 90\% | You pay 10\%; Plan pays 90\% | In-Network: You pay 20\%, Plan pays 80 Out-of-Network: You pay 40\%, Plan pays 60\% |
| Ambulatory Surgery Center | You pay 10\%; Plan pays 90\% | You pay 10\%; Plan pays 90\% | In-Network: You pay 20\%, Plan pays 80\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Outpatient Surgery | You pay 10\%; Plan pays 90\% | You pay 10\%; Plan pays 90\% | In-Network: You pay 20\%, Plan pays 80\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Mental Health / Substance Abuse | Inpatient: You pay 10\%; Plan pays 90\% <br> Outpatient: You pay \$20 copay (\$0 for pediatric); then Plan pays 100\% | Inpatient: You pay 10\%; Plan pays 90\% <br> Outpatient: You pay \$20 copay; then Plan pays 100\% | Inpatient-In-Network: You pay 20\%, Plan pays 80\% Out-of-Network: You pay 40\%, Plan pays 60\% <br> Outpatient-In-Network: You pay \$20 copay, then Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Routine Hearing Exams/Tests | You pay $\$ 20$ copay; then the Plan pays 100\% | You pay \$20 copay; then the Plan pays 100\% | In-Network: You pay \$20 copay, then the Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Hearing Aids (Adult) | Not covered | You pay 10\%; Plan pays 90\% | In-Network: You pay 20\%, Plan pays 80\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Out of Area Dependent Coverage | Limited services | Full services; requires annual enrollment |  |
| Coverage While Traveling | World-wide urgent/emergency care coverage <br> Routine care available in other KP service areas | World-wide urgent/emergency care coverage Nationwide in-network coverage |  |

Preventive Health Exams
and Well-Baby Care
and Well-Baby Care
(Frequency schedule applies)
Labs and X-rays

## Maternity Care

## Alternative Care

Acupuncture, chiropractic, naturopathy, and massage therapy

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| Emergency Care (Copay waived if admitted) | You pay 10\%/visit; Plan pays 90\% | You pay \$100 copay/visit; then the Plan pays 100\% | You pay \$100 copay, then the Plan pays 100\% |
| Hospital (Inpatient) | You pay 10\%; Plan pays 90\% | You pay 10\%; Plan pays 90\% | In-Network: You pay 20\%, Plan pays 80 Out-of-Network: You pay 40\%, Plan pays 60\% |
| Ambulatory Surgery Center | You pay 10\%; Plan pays 90\% | You pay 10\%; Plan pays 90\% | In-Network: You pay 20\%, Plan pays 80\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Outpatient Surgery | You pay 10\%; Plan pays 90\% | You pay 10\%; Plan pays 90\% | In-Network: You pay 20\%, Plan pays 80\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Mental Health / Substance Abuse | Inpatient: You pay 10\%; Plan pays 90\% <br> Outpatient: You pay \$20 copay (\$0 for pediatric); then Plan pays 100\% | Inpatient: You pay 10\%; Plan pays 90\% <br> Outpatient: You pay \$20 copay; then Plan pays 100\% | Inpatient-In-Network: You pay 20\%, Plan pays $80 \%$ Out-of-Network: You pay $40 \%$, Plan pays 60\% <br> Outpatient-In-Network: You pay \$20 copay, then Plan pays 100\% Out-of-Network: You pay $40 \%$, Plan pays $60 \%$ |
| Routine Hearing Exams/Tests | You pay \$20 copay; then the Plan pays 100\% | You pay \$20 copay; then the Plan pays 100\% | In-Network: You pay \$20 copay, then the Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
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| Out of Area Dependent Coverage | Limited services | Full services; requires annual enrollment |  |
| Coverage While Traveling | World-wide urgent/emergency care coverage <br> Routine care available in other KP service areas | World-wide urgent/emergency care coverage Nationwide in-network coverage |  |

You pay \$0, Plan pays 100\%
You pay \$20 copay, then the Plan pays 100\%

You pay 10\%/visit; Plan pays 90\%

You pay 10\%; Plan pays 90\%
You pay 10\%; Plan pays $90 \%$

You pay 10\%; Plan pays 90\%
Inpatient: You pay 10\%; Plan pays 90\%
Outpatient: You pay \$20 copay (\$0 for pediatric); then Plan pays 100\%

You pay $\$ 20$ copay; then the Plan pays 100\%

Not covered

Limited services
World-wide urgent/emergency care coverage
Routine care available in other KP service areas

This is an overview of commonly used services. For benefit details, go to sdtrust.com. If there is a conflict between this chart and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

## Prescription Drug Benefits Overview

|  | Kaiser Permanente <br> Prescription Drug Plan <br> (Option 1 \& 2) | Providence Personal <br> Option Plan <br> Option 1 \& 2 Plans <br> Trust Prescription Drug Plan | Providence Option <br> Advantage Plan <br>  |
| :--- | :--- | :--- | :--- |
| Trust Prescription |  |  |  |

Vision Benefits Overview

| OPTION 1 <br> PLANS ONLY | Kaiser Permanente | Providence Personal Providence Option <br> Option Plan Advantage Plan |
| :---: | :---: | :---: |
|  |  | Trust Vision Plan administered by VSP |
| Well Vision Exam | You pay \$10 copay per exam; then Plan pays 100\% | Every 12 months <br> VSP Provider: 100\% <br> Other Provider: Up to \$70 |
| Contact Lens Exam (Fitting and Evaluation) | You pay \$30 contact fitting fee | Every 12 months <br> VSP Provider: Not to exceed \$60 copay per exam Other Provider: Combined with contacts |
| Frames | $\$ 250$ credit every 24 months towards frames, lenses and contacts | Every 24 months <br> VSP Provider: Up to \$150 allowance and 20\% off amount over allowance <br> Other Provider: Up to \$70 |
| Lenses | Included in \$250 credit | Every 12 months <br> VSP Provider: 100\% for most lens types Other Provider: Up to $\$ 50-\$ 100$ for most lens types |
| Contacts Instead of Glasses | Included in \$250 credit | Every 12 months <br> VSP Provider: Up to $\$ 150$ for contacts Other Provider: Up to $\$ 137$ for fitting, evaluation and contacts |

For details and rates, go to sdtrust.com. If there is a conflict between these charts and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

## BENEFITS OVERVIEW

## Dental Benefits Overview

|  | Kaiser Permanente Dental | Trust Dental Plan/Delta Dental Plan of Oregon |
| :--- | :--- | :--- |
| Diagnostic and Preventive Care <br> (exams, cleaning, X-rays) | Plan pays 100\% of UCR | Plan pays 100\% |
| Basic and Restorative Services | You pay 20\%; Plan pays 80\% of UCR | You pay 20\%; Plan pays 80\% |
| Major Services | You pay 50\%; Plan pays $50 \%$ of UCR | You pay $50 \%$; Plan pays $50 \%$ |
| Orthodontia | Plan pays $50 \%$ up to $\$ 4,000$ maximum <br> lifetime benefit per person | Plan pays $50 \%$ up to $\$ 4,000$ maximum <br> lifetime benefit per person |
| Maximum Annual Benefit | $\$ 2,500$ | $\$ 2,500$ |

## Term Life and Accidental Death \& Dismemberment Benefits Overview

|  | Life Insurance | AD\&D Insurance |
| :---: | :---: | :---: |
| Option 1 Plans Only: Provided by The Trust | Basic Term Life \$30,000 per member | Basic AD\&D <br> Up to \$30,000 per member |
| All Plans-Option 1 and 2: You may purchase coverage for yourself and eligible covered dependents. <br> You must purchase Optional Life and Voluntary AD\&D for yourself in order to buy coverage for your dependents. <br> Coverage may be subject to medical underwriting approval. | Optional Life; <br> Employee and Spouse: $\$ 10,000$ to $\$ 500,000$ in $\$ 10,000$ increments not to exceed 5 times annual salary <br> Child(ren): \$2,000 to \$10,000 in \$2,000 increments | Voluntary AD\&D <br> Employee: \$25,000 to \$300,000 in \$25,000 increments <br> Spouse: 50\% of your selected coverage Child(ren) Only: 15\% of your AD\&D coverage amount for each child up to $\$ 25,000$ <br> Spouse and Child(ren): 40\% of your selected coverage for your spouse and 10\% of your selected coverage (up to $\$ 25,000$ ) per child |

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## Long Term Disability Overview

| Option 1 Plans Only | Coverage |
| :--- | :--- | :--- |
| All eligible employees are automatically enrolled | Plan pays $60 \%$ of your pre-disability earnings, |
| for self-pay Long-Term Disability benefits, | up to $\$ 6,000 /$ month, if you become disabled as |
| without the option to decline, regardless of | a result of a covered injury, sickness or |
| enrollment for healthcare benefits. | pregnancy. |

Administered by The Standard

For details and rates, go to sdtrust.com. If there is a conflict between these charts and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

