## BENEFITS OVERVIEW

This is an overview of commonly used services. For benefit details, go to sdtrust.com. If there is a conflict between this chart and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

|  | Kaiser Permanente | Providence Personal Option | Providence Option Advantage |
| :---: | :---: | :---: | :---: |
| Office Visits for primary or specialty care | You pay \$10 copay (\$0 for pediatric visits), then Plan pays 100\% | You pay $\$ 10$ copay; then Plan pays 100\% | In-Network: You pay \$10 copay, then Plan pays 100\% <br> Out-of-Network: You pay 40\%, Plan pays 60\% |
| Preventive Health Exams and Well-Baby Care (Frequency schedule applies) | You pay \$0; Plan pays 100\% | You pay \$0; Plan pays 100\% | In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Labs and X-rays | You pay \$0; Plan pays 100\% | You pay \$0; Plan pays 100\% | In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Maternity Care | Pre- and post-natal: You pay \$0; Plan pays 100\% <br> Delivery and hospital services: The Plan pays 100\% | Pre- and post-natal: You pay \$0; Plan pays 100\% <br> Delivery and hospital services: You pay $\$ 100$; then Plan pays $100 \%$ | Pre- and post-natal-In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% <br> Delivery and hospital services-In-Network: You pay \$100, then Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Alternative Care Acupuncture, chiropractic, naturopathy and massage therapy | Acupuncture, chiropractic and naturopathy: You pay \$10 copay/visit; then the Plan pays100\% <br> Massage therapy: You pay \$25/visit; then the Plan pays $100 \%$ up to 12 visits/calendar year <br> \$1,500/year max benefit combined for all alternative care | Acupuncture \& Chiropractic: You pay $\$ 15$ copay, then Plan pays $100 \%$ up to $\$ 1,500 /$ year <br> Naturopathy: You pay \$10 copay, then Plan pays 100\% <br> Massage therapy not covered. | Acupuncture \& Chiropractic-In-Network: You pay $\$ 25$ copay, then Plan pays $100 \%$ up to $\$ 500 /$ year Out-of-Network: Not covered <br> Naturopathy-In-Network: You pay \$10 copay, then Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% <br> Massage therapy not covered. |
| Telehealth / Virtual Visits Phone and video consultations | You pay \$0; Plan pays 100\% | You pay \$0; Plan pays 100\% | In-Network: You pay \$0, Plan pays 100\% Out-of-Network: Not covered |
| Urgent Care | You pay \$10 copay/visit; then the Plan pays 100\% | You pay \$10 copay/visit; then the Plan pays 100\% | In-Network: You pay \$10 copay, then Plan pays 100\% <br> Out-of-Network: You pay 40\%, Plan pays 60\% |
| Emergency Care (Copay waived if admitted) | You pay 10\%; Plan pays 90\% | You pay $\$ 100$ copay, then the Plan pays 100\% | You pay \$100 copay, then the Plan pays 100\% |
| Hospital (Inpatient) | You pay 0\%; Plan pays 100\% | You pay 0\%; Plan pays 100\% | In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Ambulatory Surgery Center | You pay 0\%; Plan pays 100\% | You pay \$0; Plan pays 100\% | In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Outpatient Surgery | You pay 0\%; Plan pays 100\% | You pay 0\%; Plan pays 100\% | In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |

[^0]|  | Kaiser Permanente | Providence Personal Option | Providence Option Advantage |
| :---: | :---: | :---: | :---: |
| Mental Health / Substance Abuse | Inpatient: You pay 0\%; Plan pays 100\% <br> Outpatient: You pay \$10 copay ( $\$ 0$ for pediatric); then Plan pays 100\% | Inpatient: You pay \$0 Plan pays 100\% <br> Outpatient: You pay \$10 copay; then Plan pays 100\% | Inpatient-In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% <br> Outpatient—In-Network: You pay \$10 copay, then Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Routine Hearing Exams/Tests | You pay \$10 copay; then the Plan pays 100\% | You pay \$10 copay; then the Plan pays 100\% | In-Network: You pay \$10 copay, then the Plan pays 100\% <br> Out-of-Network: You pay 40\%, Plan pays 60\% |
| Hearing Aids (Adult) | Plan pays \$500/ear every 3 years | You pay 0\%; Plan pays 100\% | In-Network: You pay \$0, Plan pays 100\% Out-of-Network: You pay 40\%, Plan pays 60\% |
| Out of Area Dependent Coverage | Limited services | Full services; requires annual enrollment |  |
| Coverage While Traveling | World-wide urgent/ emergency care coverage <br> Routine care available in other KP service areas | World-wide urgent/emergency care coverage Nationwide in-network coverage |  |

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Prescription Drug Benefits Overview

|  | Kaiser Permanente <br> Prescription Drug Plan | Providence Personal <br> Option Plan Trust Prescription <br> Drug Plan | Providence Option <br> Advantage Plan Trust <br> Prescription Drug Plan |
| :--- | :--- | :--- | :--- | :--- |
| In-network/Participating <br> Pharmacies | Kaiser Permanente | Use Express-Scripts | Use Express-Scripts |

## Vision Benefits Overview

|  | Kaiser Permanente | Providence Personal Providence Option <br> Option Plan Advantage Plan |
| :---: | :---: | :---: |
|  |  | Trust Vision Plan administered by VSP |
| Well Vision Exam | You pay \$10 copay per exam; then Plan pays 100\% | Every 12 months <br> VSP Provider: 100\% Other Provider: Up to \$70 |
| Contact Lens Exam (Fitting and Evaluation) | You pay \$30 contact fitting fee | Every 12 months <br> VSP Provider: Not to exceed \$60 copay per exam Other Provider: Combined with contacts |
| Frames | $\$ 250$ credit every 24 months towards frames, lenses and contacts | Every 24 months <br> VSP Provider: Up to \$150 allowance and 20\% off amount over allowance Other Provider: Up to \$70 |
| Lenses | Included in \$250 credit | Every 12 months <br> VSP Provider: 100\% for most lens types Other Provider: Up to $\$ 50-\$ 100$ for most lens types |
| Contacts Instead of Glasses | Included in \$250 credit | Every 12 months <br> VSP Provider: Up to $\$ 150$ for contacts <br> Other Provider: Up to \$137 for fitting, evaluation and contacts |

For details and rates, go to sdtrust.com. If there is a conflict between these charts and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

Dental Benefits Overview

| Diagnostic and Preventive Care <br> (exams, cleaning, X-rays) | Kaiser Permanente Dental | Trust Dental Plan/Delta Dental of Oregon |
| :--- | :--- | :--- |
| Basic and Restorative Services | You pay 20\%; Plan pays 80\% of UCR | Plan pays 100\% |
| Major Services | You pay 50\%; Plan pays 50\% of UCR | You pay 20\%; Plan pays 80\% |
| Orthodontia | Plan pays $50 \%$ up to $\$ 4,000$ maximum lifetime <br> benefit per person | Plan pays $50 \%$ up to $\$ 4,000$ maximum lifetime <br> benefit per person |
| Maximum Annual Benefit | $\$ 2,500$ | $\$ 2,500$ |

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