RATES



ATU TYPE 10 DRIVERS—OCTOBER 1, 2022-MARCH 31, 2023



12205 SW Tualatin Rd., Suite 200 Tualatin, OR 97062 833-255-4123 (toll-free) or 503-486-2107 sdtrust.com

Medical, Prescription, Dental Plans

ATU Type 10 Driver coverage includes: Medical, Prescription, Dental, and Vision

MONTHLY CONTRIBUTION RATES					
Plan Name	Kaiser Permanente Plan	Cigna In-Network Only Plan	Cigna PPO Plan		
Includes Kaiser Dental Plan					
Full-Time Member Only	\$75.50	\$108.88	\$130.90		
Full-Time Member + one dependent	\$833.44	\$903.98	\$948.06		
Full-Time Member + Family	\$1,408.48	\$1,706.02	\$1,772.08		
Includes Trust Dental Plan (Delta Dental of Oregon)					
Full-Time Member Only	\$72.28	\$105.66	\$127.68		
Full-Time Member + one dependent	\$827.40	\$897.94	\$942.02		
Full-Time Member + Family	\$1,398.04	\$1,695.58	\$1,761.64		

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This is an overview of commonly used services. For additional Plan comparisons, go to sdtrust.com. Rates are evaluated annually and are subject to change. If there is a conflict between these charts and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.





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MEDICAL/Rx/VISION PLANS— COVERAGE AND COSTS	Choose One of These Plans*			
Plan Name	Kaiser Permanente Plan	Cigna In-Network Only Plan	Cigna PPO Plan	
Medical				
How the Plan Pays Benefits Copays and deductible waived for commonly used in-network services	The Plan pays 100% of most covered services after you pay the copay	The Plan pays 100% for most covered services after you pay copays and deductible	The Plan pays 100% for most in- network covered charges after you pay copays and deductible, and 60% of UCR for out-of-network covered charges	
	No out-of-network coverage except emergency care and urgent care when traveling.	No out-of-network coverage except emergency care.		
Provider Choices	Choose a provider in these networks:	Choose a provider in the Cigna Open Access Plus network:	Choose any provider, but save money when you choose a	
	Kaiser Permanente: kp.orgThe Portland Clinic:	my.Cigna.com	provider in the Cigna Open Access Plus Network:	
	theportlandclinic.com		my.Cigna.com	
Prescription	Kaiser Permanente	Trust Prescription Drug Plan		
Retail and Mail Order Available	Use Kaiser Permanente pharmacies and mail order	Use Express-Scripts		
Vision	Kaiser Vision Plan	Trust Vision Plan (Administered by VSP)		
Provider Choice	Use Kaiser Permanente Providers	Use VSP Providers		
Your Out-of-Pocket Costs				
Annual Medical Deductible	\$100/individual \$300/family	\$100/individual \$200/family	\$100/individual \$200/family	
Annual Medical Out-of-Pocket Maximum	\$600/individual \$1,200/family	\$1,200/individual \$2,400/family	\$1,200/individual \$2,400/family	
Annual Prescription Out-of-Pocket Maximum	Prescription expenses apply to the medical out-of-pocket maximum	\$2,200/individual \$4,400/family	\$2,200/individual \$4,400/family	

^{*}You must enroll in a Dental Plan if you enroll in a Medical/Prescription Plan.

DENTAL PLANS— COVERAGE AND COSTS	Choose One of These Dental Plans*		
Plan Name	Kaiser Permanente Dental	Trust Dental Plan/Delta Dental of Oregon	
Provider Choice	Use Kaiser Permanente providers	Use any provider; save money with an in-network provider	
Dependent Dental Coverage	Yes	Yes	
Your Costs			
Annual Dental Plan Deductible	None	None	
Maximum Annual Dental Benefit	\$2,500	\$2,500	

^{*} You must be enrolled in a Medical/Prescription Plan to enroll in a Dental Plan.