

PFSP, ATU AND DCU EARLY RETIREES—2022 PLAN YEAR



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Medical and Prescription Plans

MEDICAL/PRESCRIPTION		Choose One of These Health Plans	
Plan Name	Kaiser Permanente Plan	Cigna PDA Retiree Plan (previously Providence Option Advantage Plan)	Cigna PDA Retiree In-Network Only Plan (previously Providence Personal Option Plan)
Medical			
How the Plan Pays Benefits	The Plan pays 90%-100% for most in-network covered services after you pay the deductible and copay/coinsurance.	The Plan pays 80% for most in- network covered charges after you pay the deductible and copay/ coinsurance; and 60% of UCR for	The Plan pays 90%-100% for most in-network covered services after you pay the deductible and copay/coinsurance
Benefits	No out-of-network coverage except emergency care and urgent care when traveling.	out-of-network covered charges— plus you pay any amount billed over the UCR.	No out-of-network coverage except emergency care.
Provider Choices	Choose providers in these networks: Kaiser Permanente: kp.org The Portland Clinic: theportlandclinic.com	You may choose any Provider, but your out-of-pocket costs will be lower when you choose a Provider in the Cigna Open Access Plus (OAP) network: myCigna.com	Choose providers from the Cigna Open Access Plus network: myCigna. com
Prescription	Kaiser Permanente Plan	Trust Prescription Drug Plan (admi For members enrolled in a Cigna n	
Retail and Mail Order Available	Use Kaiser Permanente pharmacies and mail order	Use Express Scripts network pharmaci	es and mail order
Your Costs			
Annual Medical Plan Deductible	\$100/person \$300/family	\$100/person \$200/family	\$100/person \$200/family
Annual Medical Plan Out-of-Pocket Maximum	\$1,200/person \$2,400/family	\$2,200/person \$4,400/family	\$2,200/person \$4,400/family
Annual Prescription Drug Plan Out-of-Pocket Maximum	Included in Medical Plan Out-of-Pocket Maximum	\$2,200/person \$4,400/family	\$2,200/person \$4,400/family

Chart continued on next page

This is an overview of commonly used services. For additional Plan comparisons, go to sdtrust.com. Rates are evaluated annually and are subject to change. If there is a conflict between these charts and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.

RATES



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MEDICAL/PRESCRIPTION	N	Choose One of These Health I	Plans
Plan Name	Kaiser Permanente Plan	Cigna PDA Retiree Plan (previously Providence Option Advantage Plan)	Cigna PDA Retiree In-Network Only Plan (previously Providence Personal Option Plan)
Monthly Contribution Ra	ates		
If you are eligible for the	district-paid contribution		
Retiree only ¹	\$198.44	\$333.24	\$327.96
Retiree + spouse/ domestic partner ¹	\$602.48	\$878.12	\$867.62
Retiree + spouse/ domestic partner and child(ren)¹	\$1,007.44	\$1,577.50	\$1,561.78
Retiree + one child²	\$776.48	\$1,052.12	\$1,041.62
Retiree + two or more children ²	\$1,181.04	\$1,751.50	\$1,735.78
If you are not eligible fo	or the district-paid contribution		
Retiree only	\$546.44	\$681.24	\$675.96
Retiree + one	\$1,124.48	\$1,400.12	\$1,389.62
Retiree + family	\$1,529.04	\$2,099.50	\$2,083.78

¹ District-paid contribution for 60 months, then eligible for self-pay. Includes district-paid contribution for spouse/domestic partner if enrolled.

² District-paid contribution for member only for 60 months, then eligible for self-pay.



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Optional, Self-Pay Dental and Vision Plans

You must be enrolled in a Medical Plan to enroll in the self-pay, optional Dental and Vision Plan coverage. Dental and Vision cannot be purchased separately.

VISION	Kaiser Permanente Plan	Trust Vision Plan (administered by VSP) For members enrolled in a Cigna medical plan	
Provider Choice	Use Kaiser Permanente providers	Use any provider but save money if you use a VSP provider	
Flovider Choice	No out-of-network coverage		

DENTAL	Choose One of These Plans		
	Kaiser Permanente Dental	Trust Dental Plan (administered by Delta Dental of Oregon)	
Provider Choice	Use Kaiser Permanente providers Use any provider; save money wit an in-network provider		
Your Costs			
Annual Dental Deductible	Basic: \$50/person Buy Up: \$0	Basic: \$50/person Buy Up: \$0	
Dental Maximum Annual Benefit	Basic : \$1,200 Buy Up : \$2,500	Basic : \$1,200 Buy Up : \$2,500	

RATES	Kaiser Medical* Plan with <i>Kaiser Vision</i> and <i>Kaiser Dental</i> Plans	Kaiser Medical* Plan with <i>Kaiser Vision</i> and <i>Trust Dental</i> Plans	Cigna Medical Plan with <i>Trust Vision</i> and <i>Kaiser Dental</i> Plans	Cigna Medical Plan with <i>Trust Vision</i> and <i>Trust Dental</i> Plans
Monthly Contribu	tions—Basic Coverage			
Retiree only	\$41.12	\$30.58	\$45.32	\$34.78
Retiree + one	\$77.22	\$57.40	\$85.60	\$65.78
Retiree + family	\$133.32	\$99.16	\$142.92	\$108.76
Monthly Contribu	tions—Buy-Up Coverage			
Retiree only	\$59.66	\$58.02	\$66.56	\$64.92
Retiree + one	\$112.04	\$108.96	\$125.80	\$122.72
Retiree + family	\$193.48	\$188.16	\$209.26	\$203.94

^{*}If you are enrolled in the Kaiser Medical/Prescription Plan, vision coverage is included in that Plan. Monthly contribution rates are for optional, self-pay Dental only.

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