

# RATES

## PAT ACTIVES—2020 PLAN YEAR

PAT



700 NE Multnomah St., Suite 350  
Portland, OR 97232  
1-844-203-0239 • [sdtrust.com](http://sdtrust.com)

### Option 1 Plan Rates

MONTHLY CONTRIBUTION RATES			
Plan Name	Kaiser Permanente Plan	Providence Personal Option Plan	Regence Trust Preferred Provider Plan
Includes Dental (Kaiser or Trust Plan) and mandatory self-pay LTD of \$19.30*			
<b>FULL TIME:</b> Member only or member + dependents	\$134.60	\$134.60	\$134.60
<b>PART TIME:</b> Member only or member + dependents	\$833.26	\$833.26	\$833.26

### Option 2 Plan Rates

MONTHLY CONTRIBUTION RATES			
Plan Name	Kaiser Permanente Plan	Providence Personal Option Plan	Regence Trust Preferred Provider Plan
Monthly Contribution Rates (Includes mandatory self-pay LTD of \$19.30*)			
<b>Member Only</b>	\$19.30	\$19.30	\$19.30
<b>Member + one dependent</b>	\$380.46	\$575.58	Coverage provided through Option 1 Plans only
<b>Member + Family</b>	\$789.04	Coverage provided through Option 1 Plans only	Coverage provided through Option 1 Plans only

\* Your mandatory, self-pay Long-Term Disability contribution of \$19.30 will be taken out of your paycheck on a post-tax basis.

This is an overview of commonly used services. For additional Plan comparisons, go to [sdtrust.com](http://sdtrust.com). Rates are evaluated annually and are subject to change. If there is a conflict between this chart and the official Plan documents, provisions of the official Plan documents will govern how the Plans work and how the Plans pay benefits.